

Knowledge Is Power

We are committed to empowering you
through your unique journey



Support through your journey is key. We listen to what our patient communities tell us and strive to address their needs through our innovative programs.

Leading with science, driven by compassion, our unwavering mission is to improve the lives of people living with rare endocrine disorders by delivering novel therapies.



Our patient engagement team does not provide medical advice. Talk to a healthcare provider about any medical conditions.



Finding the support you need

Our Patient Engagement Team

Living with a rare endocrine condition can be a complex journey at times that you don't have to navigate alone. The Spruce Patient Engagement Team offers personalized support and access to resources for people living with classic congenital adrenal hyperplasia (CAH).

Spruce Patient Engagement Liaisons (PELs) work closely with individuals, families, advocacy groups, and healthcare providers to better understand the needs of these communities. PELs provide education and resources related to these conditions and serve as contact for local advocacy and support groups.

The purpose of the Spruce Patient Engagement Liaison (PEL) is to provide education to patients, their families, and caregivers. PELs are employees of Spruce Biosciences. They are not acting as healthcare providers and are not part of your healthcare team. PELs do not provide medical care or advice. All diagnosis and treatment decisions should be made by you and your healthcare team.



"I am proud to serve as a trusted resource and advocate for members of this community." - Mara



Mara VanAndel

Board Certified Patient Advocate (BCPA)



Contact Mara:

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For more information, visit us at
[Sprucebiosciences.com](https://www.sprucebiosciences.com)